



*Dan's Legacy*

CHEFS IN THE HOUSE

*presented by*

PACIFIC RESTAURANT SUPPLY

VIRTUAL COOKING CLASSES

OCTOBER 8 - NOVEMBER 5, 2020

EVERY THURSDAY

6:00PM



Our annual Chefs' Charity Dinner has been postponed until November 2021, but we're bringing you the best of the event with our *Chefs In The House* virtual fundraiser!

Tune in online during the month of October for a 1 hour live cooking class with one of our top Chefs, and discover gourmet cooking secrets rarely seen outside of professional kitchens.

Funds raised go directly towards Dan's Legacy's trauma informed counselling programs for at-risk youth in Metro Vancouver.

Join us live on Zoom each Thursday in October at 6:00pm, or purchase the entire recorded series for convenient viewing later.

We look forward to welcoming you to our Chefs In The House virtual fundraiser and celebrating your support.

Sincerely,

Barbara Coates  
Executive Director



# CHEFS IN THE HOUSE

**Date:** Every Thursday in October

**Location:** Live on Zoom from the commercial test kitchen at Pacific Restaurant Supply

**Time:** 6:00pm Live Cooking Lesson  
6:45pm Q & A  
7:00pm Raffle Winner Announced

**Tickets:** \$50 - Single Ticket  
\$175 - 4 Class Pass

Available for purchase online at [www.danslegacy.com](http://www.danslegacy.com)  
Tickets eligible for a \$25 charitable tax receipt

***Note:** Prior to each cooking class, participants will receive a full event package by email with menu details, ingredients list, prep work and private Zoom invitation information.*

**Menu:** Join one of our celebrated guest chefs for a 1 hour demo cooking class using surplus food. Each of the Chefs has been featured at our annual Chefs' Charity Dinner, volunteering their time and artistry, and is well-known on the local culinary scene. Tune in and see how the professionals turn "ordinary" into "outstanding!" using tips, tricks and secrets known only to those in the biz.

**Raffle:** Don't miss your chance to win one of many exciting prizes to be drawn each episode. Tickets and prize details available online at [www.danslegacy.com](http://www.danslegacy.com).



# BECOME A SPONSOR

*"The only time you should be looking down on someone is when you're helping them back up..."*

- Destiny Newton, Dan's Legacy youth client.

We are looking for leaders in the community eager to take a stand against the stigma of addiction, understanding that trauma is the root cause of this health crisis.

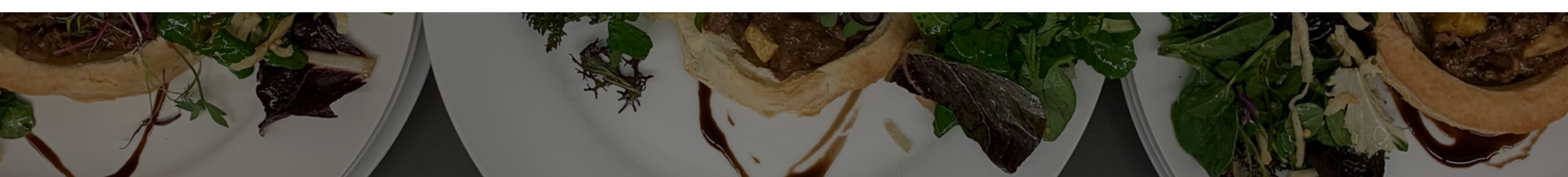
Trauma knows no boundaries. Business professionals, academics, tradespeople and health professionals - we all know someone who is hiding an addiction because of the fear of stigma. Youth aging out of care are one of the highest risk groups.

When they ask for help, we are there, helping them back up.

Trauma and culturally informed counselling is our core program, but we also support our clients' journey to stability through our own fitness program, food bank and Sunday Community dinner, as well as specialized programming for LGBTQ2S+ youth and land-based interventions for our Indigenous clients.

We invite you to show your commitment and promote your brand at our **first ever virtual fundraiser**. There are a variety of sponsorship levels available, however should one of those not feel like a good fit for your organization, we would be happy to work with you to create one that does.

To participate, please contact **Barbara Coates, Executive Director** at [barb@danslegacy.com](mailto:barb@danslegacy.com).



# SPONSORSHIP LEVELS & BENEFITS

## Presenting Sponsor: \$5,000

- Exclusive event branding and event logo to include “Presented by (Company Name)”
- Exclusive logo placement and link to your website on our event landing page and our e-invitations
- 10 complimentary invitations to the live Zoom event
- Name inclusion in event promotions (media release and 3 dedicated social media acknowledgements)
- Sponsor spotlight video featuring Dan's Legacy staff
- Opportunity to provide video message on our website

## Champion of Change: \$2,500

- Exclusive sponsorship of one event element branded as “Sponsored by (Company Name)”
- Prominent logo placement and link to your website on our event page
- 8 complimentary invitations to the live Zoom event
- Name inclusion in event promotions (media release)
- Social media acknowledgement and recognition as a “Champion of Change”
- Acknowledgment during welcome message



# SPONSORSHIP LEVELS & BENEFITS

## **Chef Sponsor: \$1,000**

- 6 complimentary invitations to the live Zoom event
- Logo and link to your website on our event page
- Social media acknowledgement recognizing you as an “Silver Sponsor”
- Name inclusion in event promotions (media release)





Who was Dan? He was the son of a Chef who instilled in him a passion for cooking. Dan wanted to learn everything he could about sustainable “field-to-fork” practices, which led him to a 3-week stint working on a fishing boat – his dream summer job. The dream became a nightmare as Dan was sexually assaulted on the job, and had nowhere to turn for help.

Many trauma survivors try to medicate the pain away, and Dan was no different. Drugs were his only escape. The recovery programs he attended did not offer age-appropriate, trauma-informed therapy, which would have saved his life. The pain lasted until his final day, when Dan died from an accidental overdose. He was only 19.

There are thousands of youth in the Lower Mainland dealing with trauma, just like Dan. Poverty, abuse, violence, and addiction defined their childhoods. Most grew up in foster care, and are alone in the world. Dan’s Legacy’s therapists go directly to them wherever they are, we don’t have a wait list and our counselling services are free. We also make sure the youth have food, housing, and other programming that connects them to community. As we have seen with the COVID-19 health crisis, connection to community is critical in maintaining mental health stability.

No other organization in BC does what we do, and we have an over 50% success rate in helping youth to stabilize, and begin working towards their education, employment and recovery goals.

In the past four years, we have helped over 300 youth overcome their mental health and addiction challenges and lead productive and fulfilling lives.

For more information, please visit [www.danslegacy.com](http://www.danslegacy.com).

# CONTACT US

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DansLegacyBC



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#chefsinthecookhouse

We respectfully and gratefully acknowledge that our work takes place on the unceded and traditional territory of the Coast Salish people.



*Dan's Legacy*