



Job Skills Training Program

Intro to Cook

About the Program

“Intro to Cook” is a 3-month program for youth and young adults with barriers to post-secondary educational or trades training opportunities. Outcomes for the students include gaining meaningful employment, building self-esteem, and maintaining their mental health stability.

Students are taught by professional chefs in a commercial kitchen and have access to support from Dan’s Legacy’s team of therapists, social workers and outreach workers. Graduates are eligible for paid practicum learning opportunities in a professional environment.

There is no fee for this program and all support services are also included.

Eligibility

- Ages 19-29
- Youth aging out of foster care
- Indigenous youth
- New Canadians
- Young Adults seeking to extend culinary skills
- All gender identities welcome



Program Support for Clients

- No fees
- Branded chef uniform
- Transit tickets to and from program
- Hot meal served daily
- FoodSafe certification
- Certificate of program completion
- Resume building & support finding employment
- No fee on-site counselling, social work and outreach support before, during and after the program

Details

Commercial Kitchen at Union Gospel Mission
641 Columbia Street, New Westminster

Class Schedule:

Monday – Friday
3:30 – 7:30 pm



Questions?

Contact help@danslegacy.com
or register for the next intake at
www.danslegacy.com

We respectfully and gratefully acknowledge that our work takes place on the unceded and traditional territory of the Coast Salish peoples.