



COOK TRAINING PROGRAM

ABOUT THE PROGRAM

- Work 3-4 days per week learning basic cooking techniques
- Learn styles of cooking and earn FoodSafe certification
- Develop collaboration and teamwork skills in a professional kitchen



FREE TRANSIT

Free transit passes to help you get to and from the program



FRESH MEALS

Fresh meals provided every day you're in the program



FULL SUPPORT

Skills training, social work support, counselling and more all for free



WHO CAN JOIN THE PROGRAM?

- People aged 19-25
- Youth aging out of foster care
- Indigenous youth
- New Canadian Permanent Residents
- All gender identities welcome

WE INTAKE NEW APPLICANTS EVERY 3 MONTHS!

[APPLY NOW](#)